

Wheel of the Year Planner

MABON



Date & Moon Phase _____

Intention _____

Altar Checklist

- Apples, squash, or gourds
- Seasonal herbs or flowers
- Candles in autumn colors
- Pinecones or acorns
- Symbols of balance
(white/black candles, scales,
equal-armed cross)
- Representation of gratitude
(gratitude jar, thank-you note)
- Offering of bread or cider

Menu/Feast Ideas

Ritual Outlines

Balance Reflection: Reflect on balance in your life in light of the equinox. Breathe, holding an apple and a stone. Journal on balance.

Gratitude Feast: Enjoy a feast with seasonal foods. Speak gratitude before eating.

Release Ritual: Release what you no longer need to make space for what's next. Write and burn what you're releasing; bury or scatter cooled ashes.

I am grateful for _____

I will let go of _____

Notes _____

