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Moon Ritual Journal

A Guided Companion for A Year of Moon Magic



How to Use This Journal



This Moon Ritual Journal is your companion for exploring the cycles of the moon, creating meaningful rituals, and aligning your practice with the seasons. There is no single “right way” to use it — instead, think of this as a flexible framework you can adapt to your own path.

1. Print Only What You Need

This journal is designed for flexibility — print the pages you need, when you need them.

- Planning a ritual? Print a fresh Ritual Planner or My Ritual Template page.
- Working with the seasons? Print the Sabbat Tie-In reference to keep on your altar.
- Want to keep a record? Reprint your favorite journaling pages as often as you like.

2. Start with the Basics

- Review the Ritual Basics page to understand the flow of a simple ritual.
- Explore the Moon Phase & Correspondence charts to plan your workings around lunar energy.

3. Plan Your Rituals

- Use the Ritual Planner and My Ritual Template pages to outline what you want to do, gather your tools, and set clear intentions.
- Refer to the Full Moon Reference and Special Moons pages for inspiration for each lunar event.

4. Work with the Seasons

- Use the Sabbat Tie-In page to align your rituals with the energy of the Wheel of the Year.
- Consider pairing moon rituals with seasonal themes for deeper connection and balance.

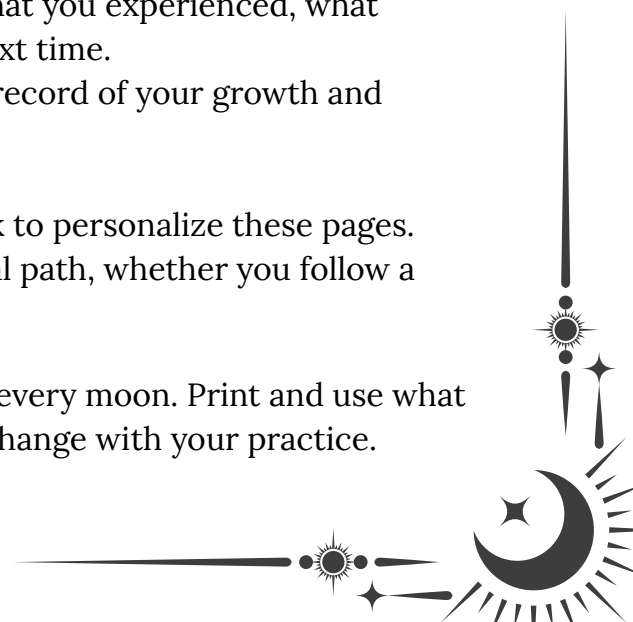
5. Reflect & Grow

- After each ritual, use the journaling space to note what you experienced, what worked well, and what you’d like to try differently next time.
- Over time, these reflections will become a personal record of your growth and magical journey.

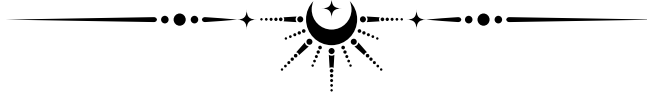
6. Make It Yours

- Add your own correspondences, symbols, or artwork to personalize these pages.
- Adjust the prompts and templates to fit your spiritual path, whether you follow a structured tradition or an eclectic practice.

Tip: Don’t feel pressured to fill every page or work with every moon. Print and use what speaks to you. This journal is meant to grow and change with your practice.



My Ritual Template



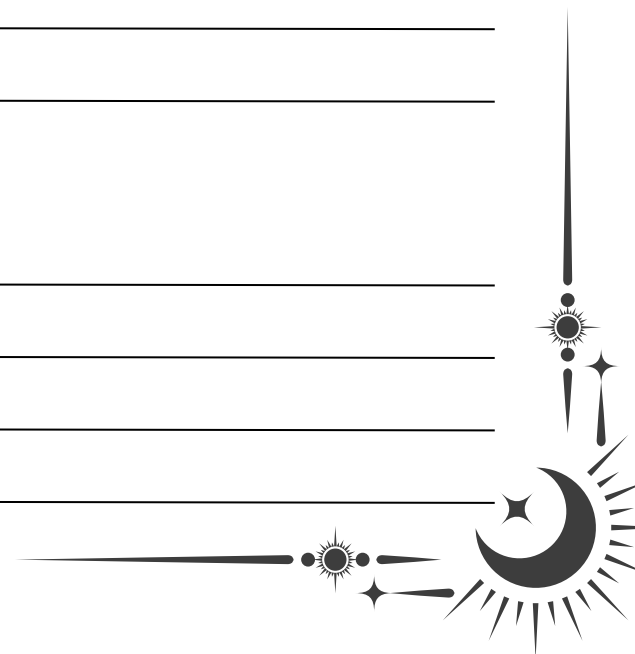
Step 1: Intention

Step 2: Prepare the Space

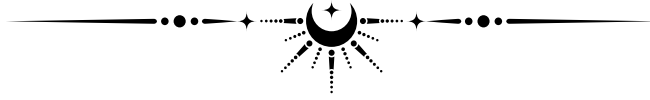
- ☐ Cleanse space (smoke, spray, sound)
- ☐ Gather tools and ingredients _____
- ☐ Set up altar or focal point _____
- ☐ _____
- ☐ _____

Step 3: Opening

Step 4: Main Working



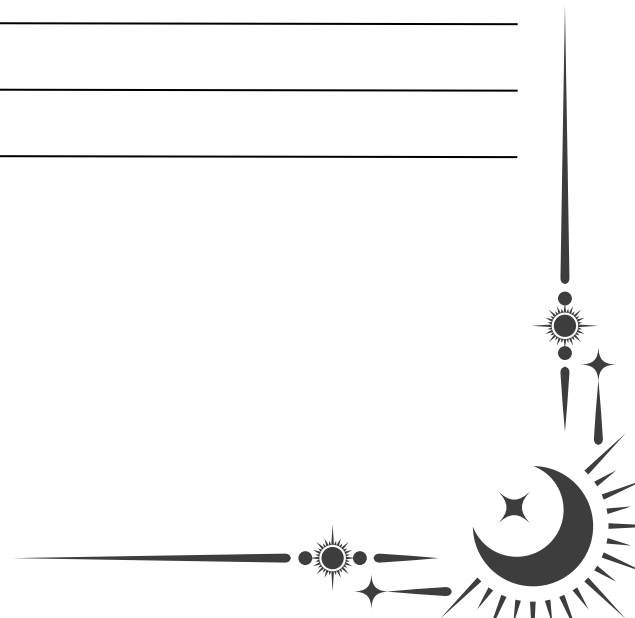
Ritual Planner



Date & Moon Phase

Supplies & Ingredients

Steps



Ritual Notes

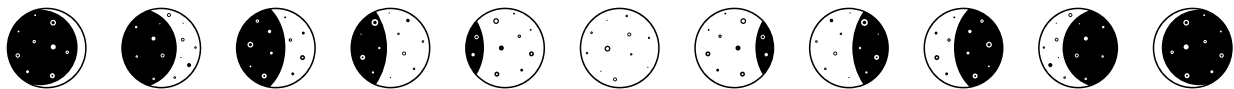


Date:

Purpose: _____

Ritual Notes: _____

Moon Phase



Waxing

Full

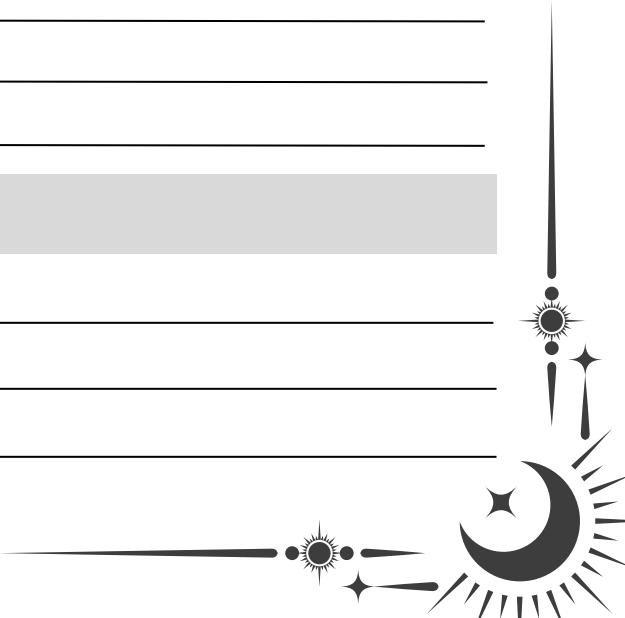
Waning

Description

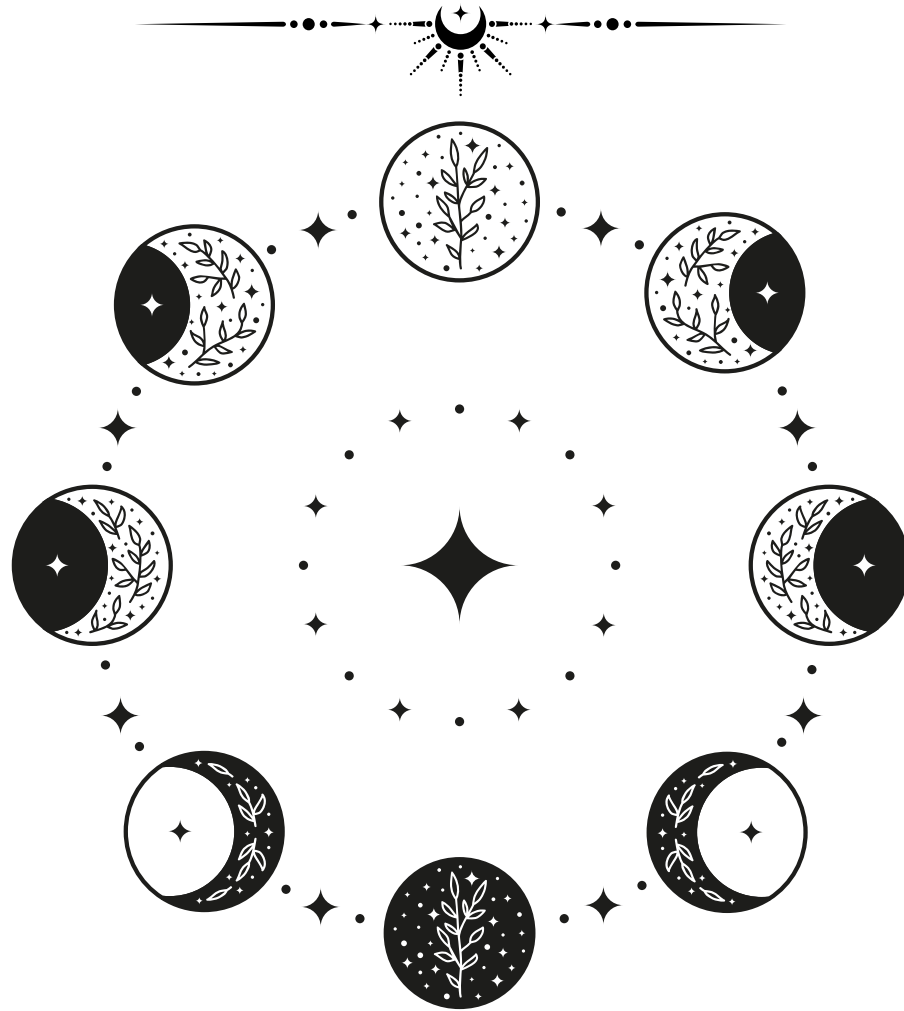
Ingredients

Tools

Results



Moon Calendar Guide



New Moon	Fresh starts, intention setting, inner reflection. A time to rest, dream, or plant seeds.
Waxing Moon	Starting new projects, attraction, drawing in love or opportunities, spellwork for success.
Full Moon	Peak energy, clarity, and release. A time to celebrate, charge tools, or let go of what no longer serves you.
Waning Moon	Closure, banishing, and rest. For cleansing rituals or cutting ties.

